

Physical Education (School Year 2024-25)

Year B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS/Preschool	<p align="center">Physical Development Gross motor skills, negotiate space and obstacles safely with consideration for self and others Demonstrate strength, balance and coordination when playing. Move energetically</p>					
	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2	Games: Unit 1	Games: Unit 1
	Fundamentals: Unit 1	Fundamentals: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2	Dance: Unit 1	Dance: Unit 1
Year 1/2	Fundamentals	Sending and Receiving	Dance	Invasion Games	Athletics	Net and Wall Games
	Fitness	Ball Skills	Target Games	Gymnastics	Team Building	Striking and Fielding Games
Year 3/4	Fundamentals	Basketball	Athletics	Handball	Cricket	Tennis
	½ of year group Swimming 10 wks				½ of year group Swimming 10 wks	
	Fitness	Ball Skills	Dance	Gymnastics	OAA	Rounders
Year 5	Tag Rugby	Basketball	Athletics	Handball	Cricket	Tennis
	Fitness	Golf	Dance	Gymnastics	OAA	Rounders
Year 6	Tag Rugby	Basketball	Athletics	Handball	Cricket	Tennis
	Fitness	Golf	Dance	Gymnastics	OAA	Rounders

Physical Education (School Year 2025-26)

Year A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS/Preschool	Physical Development Gross motor skills, negotiate space and obstacles safely with consideration for self and others Demonstrate strength, balance and coordination when playing. Move energetically					
	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Ball Skills: Unit 1	Ball Skills: Unit 2	Games: Unit 1	Games: Unit 1
	Fundamentals: Unit 1	Fundamentals: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2	Dance: Unit 1	Dance: Unit 1
Year 1/2	Fundamentals	Sending and Receiving	Dance	Invasion Games	Athletics	Net and Wall Games
	Fitness	Ball Skills	Target Games	Gymnastics	Team Building	Striking and Fielding Games
Year 3/4	Fundamentals	Basketball	Athletics	Handball	Cricket	Tennis
	<i>½ of year group Swimming 10 wks</i>				<i>½ of year group Swimming 10 wks</i>	
	Fitness	Ball Skills	Dance	Gymnastics	OAA	Rounders
Year 5	Tag Rugby	Basketball	Athletics	Handball	Cricket	Tennis
	Fitness	Golf	Dance	Gymnastics	OAA	Rounders
Year 6	Tag Rugby	Basketball	Athletics	Handball	Cricket	Tennis
	Fitness	Golf	Dance	Gymnastics	OAA	Rounders